



PR.E.S.T.O.

C3 mobility Controvento to Incoma

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General information

Consorzio Ro.Ma.

We were in charge of the practical issues of the mobility, e.g.: flights, subsistances.

AIPD, Controvento, Incoma

- AIPD provided participants and agreement with Controvento.
- Controvento is an association providing fundamental support to people with ID.
- Incoma was charged for accomdation, practical info and hosting organisation

Al Solito Posto

Italian restaurant in Seville



Controvento Association

Controvento is a social Enterprise based in Sicily

- Supporting people with ID through socio-psycho-pedagogical intervention.
- Committed to improve the quality of people's lives
- Promoting cooperation,
- Sociality and New opportunities for ID learners.



Mobility process

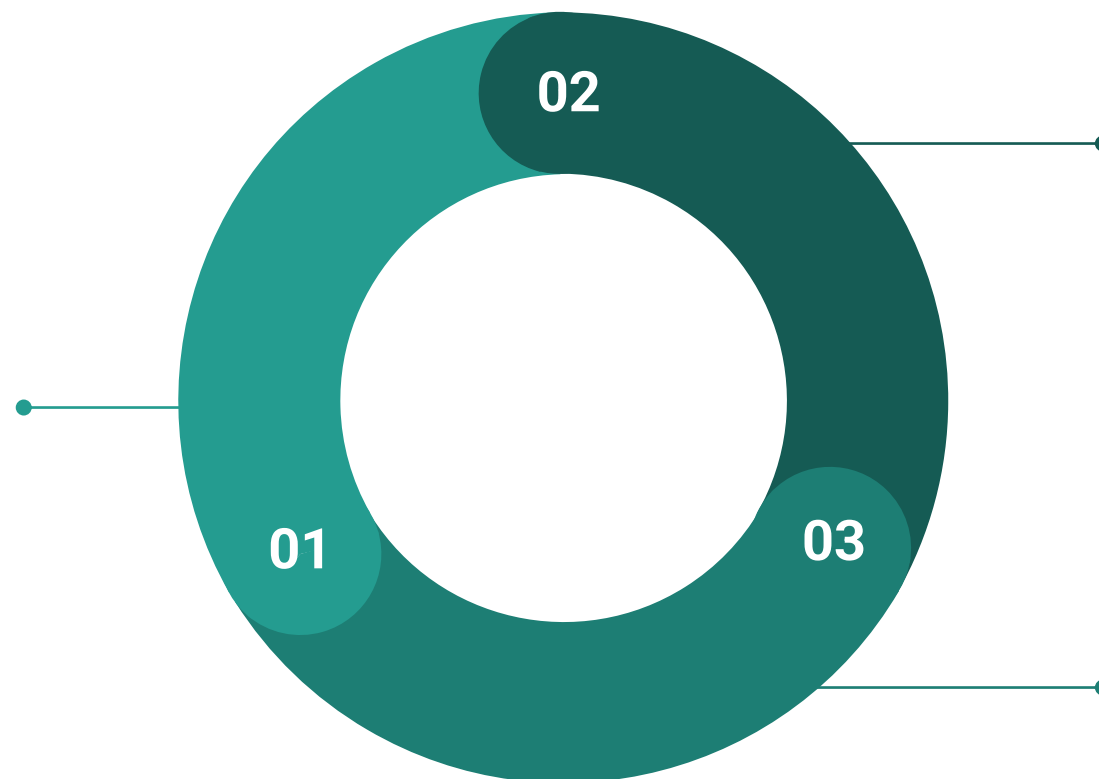
Preliminary phases

Participants selection and
general info;

Dates;

Logistics

*"To find the right participants
for the right experience"*



Online meetings

Get to know each other;
Discuss practical issues;
Agree on work plan

Wellcome meeting - Incoma

Incoma welcomed italian
participants to Seville,
providing practical
information



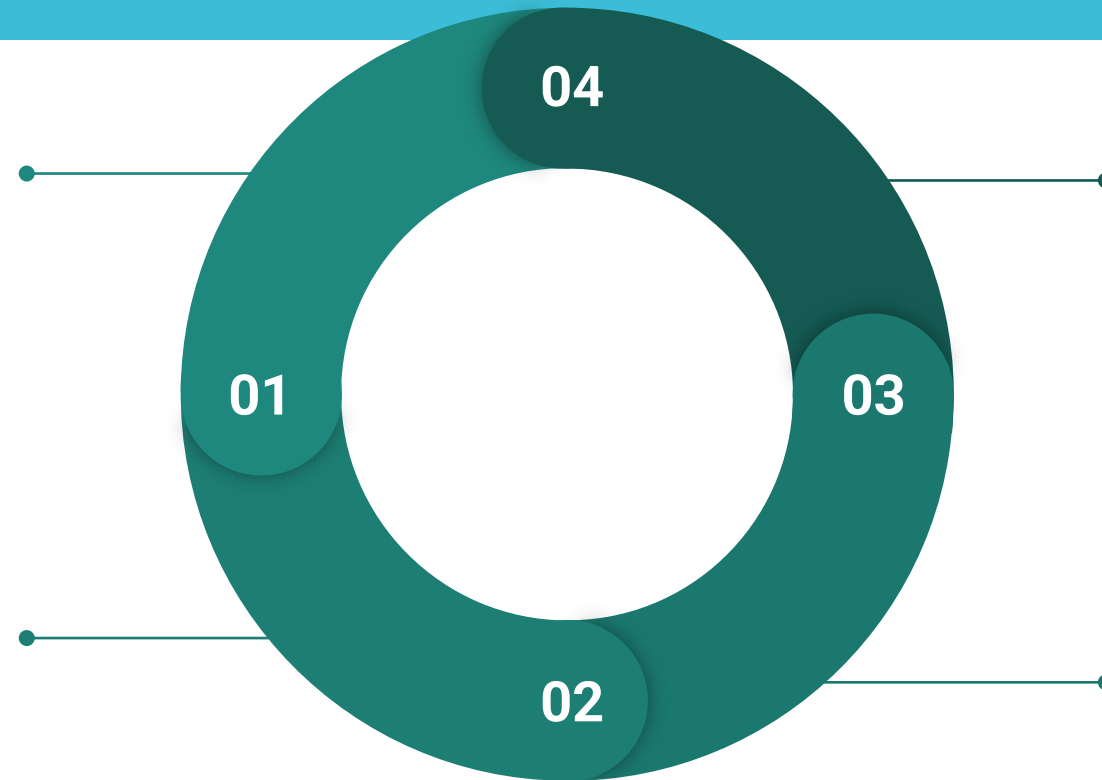
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Feedback

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Participants

Trainees

- 1 male and 1 female Andrea and Federica
- Between 23 and 32
- Both of them had previous experiences of apprenticeship abroad

Tutors

- 2 tutors for the 23 days
- Both of them had previous experiences and also with the trainees.





Working place

Al solito posto

- Italian restaurant in Seville
- Popular italian restaurant in the city centre
- Previous experience with ID learners





Working days

- From Monday to Friday
- Morning shifts
- Vacuum machine
- Kitchen services







